



PHOTO: JACOB MARK

# / Renée Toft Simonsen

## Jeg er f\*cking hot

“At fifty-something you cross a line into the second part of life: the world around you changes rapidly. Death comes closer, the decay of the body begins leaving its marks – the age of infirmity sets in. Children leave home, divorces, parents die. Defining events that trigger an emotional roller coaster. These events and the emotions that follow are the focus of my book.” – Renée Toft Simonsen

*I am f\*cking hot!* is a book about going through the ‘change’ – menopause - but also a championing and celebration of that very vulnerability. Not just a book about biological changes. More a book about what women go through emotionally when their bodies lose the ability to give life, when youth is a thing of the past and the looks have supposedly ‘gone south’.

*I am f\*cking hot!* combines a personal narrative and psychological insight with a lot of humor and warmth.

RENÉE TOFT SIMONSEN (b. 1965) has an intriguing educational background in psychology and screenplay writing. As a novelist she has published *Tuesday Morning* (2007) and *Condemned to Freedom* (2010) and she is also the author of several children’s books. Renée Toft Simonsen is also a former ‘super model’.



**NON-FICTION**

# Renée Toft Simonsen / Jeg er f\*cking hot (I am f\*cking Hot!)

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**SOLD TO**

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A beautiful reminder that all phases of life are interesting – each in their own way. Make no mistake, you're in fascinating company with Renée Toft Simonsen. Her writing is powerful. With courage and honesty, she tells it as it is. From sleepless nights and anxiety to hot flushes and bodily decay.

Politiken

**ABOUT BOOKS FROM DENMARK**

*Books from Denmark* is a new initiative from the Danish Arts Foundation, taking over from the previous publication, *Danish Literary Magazine*. Twice a year, *Books from Denmark* will present a 'right now' selection of the best and most interesting Danish fiction, non-fiction and Children and Young Adult literature. All titles are selected by the Committee for Literary Project Funding, with literary quality as the key selection criteria.

**BOOKS  
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**SUPPORT FOR TRANSLATORS**

The Danish Arts Foundation supports the work of translators in different ways. This includes support for translations to and from Danish, sample translations, mentor support for translators, events and network support for translators, travel grants for translators and research travel for publishers.

**DANISH ARTS FOUNDATION**

The Danish Arts Foundation works to promote Danish art and artistic creativity, both in Denmark and abroad. The Danish Agency for Culture and Palaces is the administrative arm of the Danish Arts Foundation.

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