



**NON-
FICTION**

PHOTO: OULDBRAND

/ Anne Lise Marstrand-Jørgensen

En flod skal være i bevægelse

At the age of twelve, the author was diagnosed with depression by a psychiatrist.

At the age of twenty, the same psychiatrist prescribed her drugs and warned her that she would likely be taking them for the rest of her life.

Marstrand-Jørgensen chose to take matters into her own hands and investigate alternative treatments and therapies. It quickly became clear to her that there is no one solution to depression, in the same way that there is no one way of understanding it. Does it stem from childhood or genes? Is it existential or spiritual? What is pain and can we ever truly understand the pain of others?

ANNE LISE MARSTRAND-JØRGENSEN (b. 1971) had her popular breakthrough with the two-volume, critically-acclaimed literary biography *Hildegard I and Hildegard II*. She has also written *Hvad man ikke ved* (What You Don't Know) 2012, and its stand-alone sequel *Hvis sandheden skal frem* (If Truth Be Told) 2013. Her novel *Dronningen af Saba & Kong Salomon* (The Queen of Saba and King Salomon) was published in 2015. Awarded *The Edvard Pedersen's Library Foundation Prize* (2008) for her extraordinary contribution to literary fiction and *Weekendavisen's Readers' Prize* in 2009.



NON-FICTION

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Politiken

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A River Must Move is a series of intimate conversations with various experts on the complexities of anxiety and depression.

ABOUT BOOKS FROM DENMARK

Books from Denmark is a new initiative from the Danish Arts Foundation, taking over from the previous publication, *Danish Literary Magazine*. Twice a year, *Books from Denmark* will present a 'right now' selection of the best and most interesting Danish fiction, non-fiction and Children and Young Adult literature. All titles are selected by the Committee for Literary Project Funding, with literary quality as the key selection criteria.

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The Danish Arts Foundation supports the work of translators in different ways. This includes support for translations to and from Danish, sample translations, mentor support for translators, events and network support for translators, travel grants for translators and research travel for publishers.

DANISH ARTS FOUNDATION

The Danish Arts Foundation works to promote Danish art and artistic creativity, both in Denmark and abroad. The Danish Agency for Culture and Palaces is the administrative arm of the Danish Arts Foundation.

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